

SELF CARE ISN'T SELFISH

Massage Plans

45 min - \$510 (\$85/ea)

60 min - \$582 (\$97/ea)

90 min - \$732 (\$122/ea)

Each plan includes six Customized Massage sessions. This is our most popular option for long term care with our massage experts.

For hot stones or cupping +\$150 (\$25/ea)

Massage Membership

45 min - \$86 monthly

60 min - \$102 monthly

90 min - \$134 monthly

In this monthly subscription, you are signing up to pay for one massage per month. Your credits never expire. Having a membership also locks you into this pricing, so you can purchase additional massages at the same rate (including gift cards!)

Facial Plans

60 min - \$275 (\$92/ea)

90 min - \$375 (\$125/ea)

Each plan includes three Customized Facials.

FACIAL SERVICES

Signature Customized Facial

Our facials combine the best of modern day science with natural, old world philosophies. This signature treatment is perfect for our first-time guests. After a thorough consultation, your licensed esthetician will tailor your professional treatment as well as home care and your future path to clear, healthy skin!

60 min \$125 | 90 min \$170

Pro-Age Facial

This powerful treatment is specially created for guests concerned with the signs of aging, premature aging, photoaging or sun damage. Our correction, prevention and nutrition system targets fine lines, wrinkles, loss of elasticity and dull, sallow skin.

60 min \$145 | 90 min \$190

Vitamin C Illuminating Facial

Accelerate brightening, improve skin tone, enhance skin clarity and create a fresher, healthier appearance with this effective treatment. This comprehensive treatment combines the latest innovations in exfoliation and skin lightening technology to correct all forms of hyperpigmentation without irritating the skin.

60 min \$145 | 90 min \$190

Clear Results Facial

This comprehensive treatment combats all grades of acne by combining powerful anti-bacterial peptides, and salicylic acid with soothing anti-inflammatory botanicals. Ideal for treating oily, acne and acne-prone skin.

60 min \$145 | 90 min \$190



The Deep Tissue Spa

Deep Tissue • Therapeutic Massage • Stress Relief

THERAPEUTIC MASSAGE

Customized Massage

Our expert massage therapists are trained in various relaxation and advanced therapeutic techniques to adhere to your needs best. We like to take a little bit from every practice and blend them together. Every need is taken into consideration during your massage it's all about you. Tell us what's bothering you and we'll take care of it. Unlike other spas, we don't charge differently for Swedish vs Deep Tissue.

45 min \$111 | 60 min \$132 | 90 min \$156 | 120 min \$216

Prenatal Massage

Our expert certified prenatal massage therapists will create a relaxing, nurturing experience for mothers-to-be! You and baby will be comfortable and cared for.

60 min | \$145

ENHANCE YOUR MASSAGE

Himalayan Salt Scrub

This exfoliation ritual invigorates and brings vitality to the skin. The skin is deeply cleansed, polished and softened to the touch.

Available for the feet or back.

\$25

Hot Stone Massage

The localized heat and weight of the stones warm and relax muscles, allowing your massage therapist to apply deeper pressure to those areas without causing discomfort.

\$25

Cupping Therapy

Cupping is much like the inverse of massage - rather than applying pressure to muscles, it uses gentle pressure to pull them upward. The cups are gently glided across the tight area to loosen stuck and congested tissues.

\$25

Peppermint Scalp Massage

Restores luster to the hair and scalp while promising unadulterated relaxation.

+15 mins \$37

Gua Sha

The LMT will apply massage oil, and using a stone like, smooth edged tool, will gently scrape your skin with short or long strokes to stimulate the myofascia

\$25

Add Time

Need more time with us? We're happy to extend the length of any service. +15 mins \$22 | +30 mins \$35



PAMPERING MASSAGE

The Ultimate Retreat

This journey begins with guided breathing and aromatherapy with high grade essential oils (choose from relaxation blend, citrus blend, or pure lavender), then a 60 minute full body hot stone massage, then a 30 minute foot pampering session, including a minty clay mask wrap, and deeply hydrating mask, then a Himalayan salt scrub for the back. This is removed with aroma-infused hot towels.

Includes a glass of champagne or sparkling cider, a \$5 credit to our Self-care boutique, and a free mini bath bomb

105 min \$240

The Elevation

This journey begins with 15 minutes of our signature Peppermint scalp massage to bring your body into a deep state of relaxation. We use CBD Oil to deeply calm the nervous system and heated Basalt stones to soothe aching muscles

90 min \$213



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